

Instructions to comply with guidance from the College of Bishops and the Advisory Committee.

- 1. Any person who is self-isolating or shielding or is in a vulnerable category should not access these premises for any reason. It is your duty to self-isolate, shield and stay at home. If a person is symptomatic (showing symptoms of COVID-19 infection) or has tested positive for COVID-19 they must not attend a place of worship during the period they are required to self-isolate due to the risk that they pose to others. This includes individuals who work at the place of worship; If a person is not symptomatic or a confirmed COVID-19 case, but is self-isolating due to another member of their household either showing symptoms of COVID-19 or their household member has tested positive for COVID-19, that person must not attend a place of worship. They should instead continue to follow household self-isolation advice; If a person is not symptomatic or a confirmed COVID-19 case, but is self-isolating as a result of other contact (identified through contact tracing), they must not attend a place of worship. This person should instead follow all contact tracing and self-isolation advice provided to them.**
2. All visitors **must** comply on matters such as social distancing, self-isolating, wearing of face coverings (where physical distancing of 2m is compromised or as Public Health guidance dictates) etc. Parents or guardians should ensure that children observe such requirements.
3. **Hand sanitizer**, with alcohol content in excess of 70%, is available at the church entrance and all visitors should use it on arrival and departure. Hand sanitizer is not a replacement for frequent washing of hands thoroughly for at least 20 seconds with soap and water and drying thoroughly, particularly when entering/leaving a building.
4. In order to minimise physical contamination, avoid using handrails and door handles on entry. Doors are kept open to minimise physical contact with handles, rails, light switches or other areas. **Any item that has been touched should be cleaned and disinfected.** Anti-bacterial wipes DO NOT kill the virus.
5. **Avoid touching your face** including mouth, eyes and nose; and use a tissue or elbow to cough or sneeze. Please take home all used tissues, face coverings etc.
6. In cases, where 2m distancing is not possible the Scottish Government has advised the **wearing of face coverings**. Visitors are encouraged to bring their own face coverings. Hands should be washed or sanitised before putting on or taking off a face covering. Any such covering supplied should be taken away by you and disposed of at home.
7. To reduce the risk of infection, a **“one-way” system** has been introduced and made clear by appropriate floor markings or other signage so that physical distance between people can be maintained. It is essential that all signage and directions are followed to reduce the risk of congestion or contact. Please **do not** loiter or wait at ‘pinch points’ (doorways, Narthex etc) move directly into the church and follow any instructions given. Keep left.
8. **Social distancing** of at least 2m should be observed in all cases (except for individuals who are part of the same household or who are accompanied by a carer). In order to ensure such distancing, visitors are permitted only to sit in marked pews within the church building. Other areas cordoned off are to be considered **‘Out of Bounds**. Since

it is clear that the virus can remain on surfaces for some time, it is essential that the pew/seating and the immediate surrounding area should be closed off after use until the area has been cleaned and disinfected. Other high-risk parts of the building such as kitchens or small spaces marked "off limits" should be considered 'No Go' areas and strictly avoided.

9. **The lift** should only be used by single individuals (except for individuals who are part of the same household or who are accompanied by a carer). The controls, door handles etc must be cleaned after every use. To avoid spreading the virus from landing and lift push buttons, it is best not to touch with your bare fingers, instead **use the end of a pen or pencil, a gloved finger, or something else**. If you need to use your bare hands, remember to wash them as soon as you can or use an alcohol-based hand sanitizer. **Face coverings should be worn.**
10. Because of the potential for the virus to remain on surfaces for up to 72 hours, kneelers, hassocks, prayer books, hymn books and Bibles are **not** available..
11. Access to **church toilets** is limited and should be considered '**emergency only**'. Cleaning procedures must be followed to ensure that toilets can safely be operated in the current environment. There is evidence that the virus can be transmitted by intestinal infection which means that toilet seats, handles, doorknobs and locks should be cleaned after every use if toilet facilities are to be available. Appropriate cleaning materials are available in each toilet. Anti-bacterial wipes do not kill the virus. Please use paper towels **not** hand dryers.
12. In the light of Government guidance, **singing will not** be permitted during any service owing to the elevated risks of aerosol generation.
13. Please remain in your seat at all times during the service. There should be no contact during the **Peace**.
14. Offerings will **not** be collected. A basket is at the rear of the church for offerings.
15. Refreshments will **not** be offered before or after the service.
16. Communion will be distributed only in **one kind**. This will only be by no contact into the hand. Please move quickly to the side before consuming the Host to minimise face to face contact time. Queues must comply with 2 metre social distancing. Please follow any instructions.
17. The Welcomer will record your attendance and this information will be stored safely and only passed to TRACK & TRACE if it becomes absolutely necessary.
18. **After the service** please leave the building promptly maintaining social distancing and avoiding contact with switches, rails etc. Use sanitizing gel when leaving. Keep left.
19. **To comply with Social Distancing requirements we have a limit of 24 people maximum in the building at any time. We regret that any one turning up beyond this limit may be turned away.**